

# Patient Preps

## MRI

### **PATIENT PREPARATION:**

- For any exam requiring contrast, you may eat and drink as you normally do.
- It is VERY IMPORTANT to tell the technologist if you have, or think you have, **anything metallic in your body**. These objects include metal plates, surgical clips, joint or bone pins, bullet fragments, shrapnel, or BB shots.
- Please bring any previous exams (MRI, CT or X-Rays) that are related to today's exam.

## CT

### **PATIENT PREPARATION:**

- For any scan requiring contrast, **no food 4 hours prior to your appointment**.
- For abdomen/pelvis with or without IV contrast, the patient MUST pick up oral contrast the day before the exam.
- Medications may be taken with a small amount of water.
- Patients on Glucophage - consult with your physician about discontinuing Glucophage the day of the exam and/or 48 hours after the exam if it is to be done with contrast.
- Notify the technologist if you are pregnant, or think you may be pregnant.

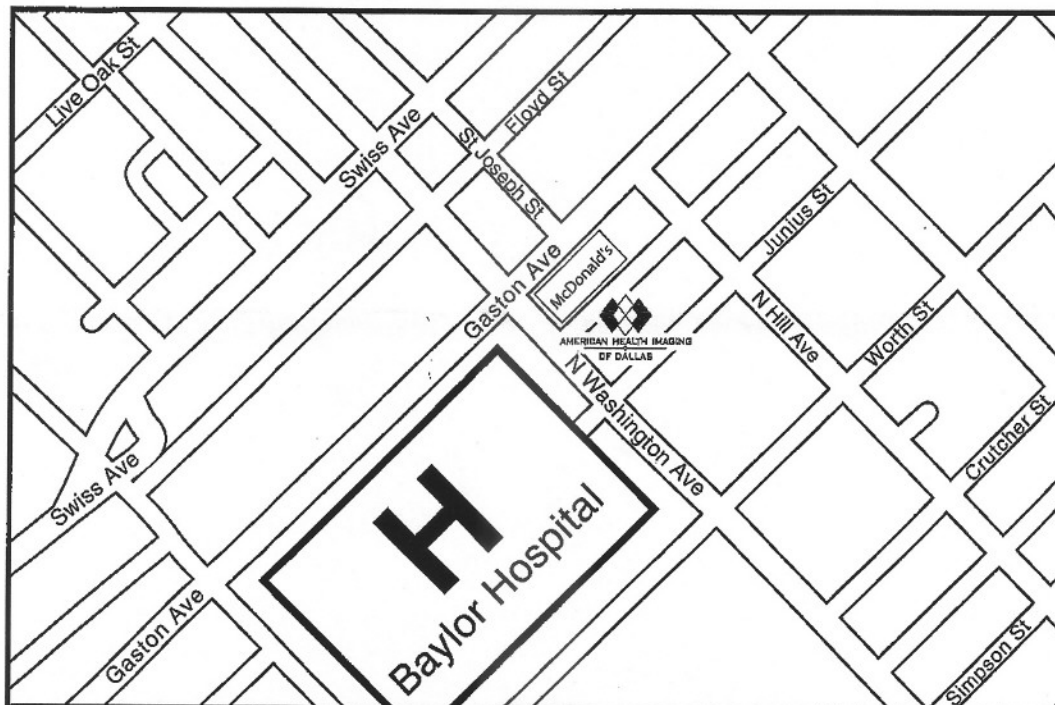


AMERICAN HEALTH IMAGING  
OF DALLAS

712 N. Washington Avenue  
Suite 102

Dallas, Texas 75246

TEL: (214) 515-0016 FAX: (214) 515-0026



[www.ahicenters.com](http://www.ahicenters.com)